



National Lieutenant Governors Association

1 **RESOLUTION TO PROMOTE HEALTHY LIVING**

2 **WHEREAS**, as the Nation’s Doctor, the U.S. Surgeon General is focused on improving the country’s
3 health and a stated priority of this Administration’s Surgeon General is the National Prevention
4 Strategy; and

5 **WHEREAS**, the National Prevention Strategy notes most of the nation’s pressing health problems
6 can be prevented; and

7 **WHEREAS**, U.S. Surgeon General Jerome M. Adams testified to Congress on wellness in November
8 2017, saying the World Health Organization reports that 80% of all heart disease, stroke, and type
9 2 diabetes and up to 40% of cancer could be prevented if people ate better, engaged in more
10 physical activity and ceased to use tobacco; and

11 **WHEREAS**, wellness benefits states and territories and the nation through less school
12 absenteeism, more productive workplaces, lower health care costs, and more; and

13 **WHEREAS**, the Centers for Disease Control (CDC) says cigarette smoking remains the single
14 leading cause of preventable disease and death in the U.S. claiming approximately 443,000 lives
15 prematurely every year and adversely adding to health care costs; and

16 **WHEREAS**, the American Heart Association notes only about one in five Americans gets enough
17 exercise, and

18 **WHEREAS**, the American Heart Association notes inactivity and poor eating habits
19 (obesity/unhealthy weight) contributed to 45% of U.S. deaths in 2012 from heart disease, stroke
20 and Type 2 diabetes, and

21 **WHEREAS**, promoting prevention and wellness will strengthen the U.S. health care system by
22 improving the care experience, by enhancing the health of all populations, and by reducing health
23 care costs.

24 **NOW, BE IT THEREFORE RESOLVED** that the National Lieutenant Governors Association (NLGA)
25 recognizes tobacco cessation is a desired outcome for the nation’s improved health; and

26 **BE IT FURTHER RESOLVED** that the NLGA recognizes smoking cessation is positively buoyed by
27 preventing smoking from starting and by efforts to increase smoking cessation, including CVS
28 Health’s act to be the first national retail pharmacy chain to stop selling tobacco products in all
29 stores; and



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30 **BE IT FURTHER RESOLVED** that NLGA recognizes that voluntary industry efforts to help combat
31 obesity, like those by the American Beverage Association and America's leading beverage
32 companies – The Coca-Cola Company and PepsiCo – to support families in their efforts to reduce
33 sugar and calories consumed from beverages, can have a meaningful impact; and

34 **BE IT FURTHER RESOLVED** that NLGA recognizes outcomes studies like those of Walgreens'
35 Center for Health & Wellbeing Research underpin improvements in health and wellness in
36 America; and

37 **BE IT FURTHER RESOLVED** the NLGA is committed to promote and recognize healthy living.

ADOPTED, this day, the 16th of March, 2018.

Sponsors: Lt. Governor Matt Michels (R – South Dakota), Lt. Governor Nancy Wyman (D – Connecticut)