



National Lieutenant Governors Association

1 **A RESOLUTION TO SUPPORT CPR/AED AWARENESS AND CPR IN SCHOOLS**

2 **WHEREAS**, Heart disease affects men, women, and children of every age and race in the United States
3 and it continues to be the leading cause of death in America, and

4 **WHEREAS**, Approximately 326,200 out-of-hospital cardiac arrests occur annually nationwide. Nine out
5 of 10 of these victims will not survive. Cardiac arrest results from an abnormal heart rhythm, like
6 ventricular fibrillation, in most adults. Unfortunately, only about 40 percent of out-of-hospital cardiac
7 arrest victims receive bystander cardiopulmonary resuscitation (CPR), and

8 **WHEREAS**, For every minute without CPR, survival from witnessed cardiac arrest decreases 7-10
9 percent. The time between the initial 9-1-1 telephone call and the arrival of Emergency Medical Services
10 personnel may be longer than five minutes; therefore, a cardiac arrest victim's survival is likely dependent
11 on a bystander trained in CPR who takes action and who has access to a lifesaving AED, and

12 **WHEREAS**, Prompt delivery of CPR can double or triple the victim's chance of survival by helping to
13 maintain vital blood flow to the heart and brain, increasing the amount of time in which an electric shock
14 from a defibrillator may be effective, and

15 **WHEREAS**, an automated external defibrillator (AED), even when used by a bystander, is safe, easy to
16 operate and, if used immediately after the onset of sudden cardiac arrest, highly effective in restarting the
17 heart, and

18 **WHEREAS**, the National Lieutenant Governors Association commends the good work of the American
19 Heart Association, the American Red Cross and the National Safety Council in their efforts to assure all
20 Americans become properly trained in CPR and AED usage,

21 **NOW THEREFORE BE IT RESOLVED** that the National Lieutenant Governors Association wishes
22 to assure that all future generations are equipped with necessary lifesaving skills and encourage state
23 policymakers from across the country to recommend all students be trained in CPR and AED awareness
24 before graduating from high school.

Sponsors: Lt Governor Nancy Wyman, CT; Lt Governor Sue Ellspermann, IN. Additional Co-Sponsors:
Lt. Governor Shan S. Tsutsui, HI; Secretary of State Michele Reagan, AZ; Lt. Governor Dan McKee, RI;
Lt. Governor Kim Reynolds, IA; Lt. Governor Tim Griffin, AR